



WYPCCA
WYOMING PRIMARY CARE ASSOCIATION

Motivational Interviewing Trainings
Laramie County Community College
1400 E. College, CCI 129, Cheyenne WY
Feb 13, 14, 15, 2019

1. Introductory Motivational Interviewing Training

2 Day Training Agenda
February 13 & 14, 2019

Day 1	Day 2
9:00-10:30 Ruler Line Up Understanding Change	9:00-10:30 Focusing, Clinical Practice of Focusing, Start Evoking
10:45-12:00 Defining Motivational Interviewing The Spirit of MI	10:45-12:00 Evoking, Clinical Practice of Evoking
12:00 – 1:00 Lunch on your own	
1:00- 2:45 Evidence/Research Support of MI Principles of MI	1:00- 2:45 Change Talk, DARN CATS
3:00-4:00 Directional Objectives, Engaging, Clinical Practice	3:00-4:00 Planning, Clinical Practice of Planning
4:00-4:30 Social Work Ethical Value: Service, Importance of Human Relationships	4:00-4:30 Social Work Ethical Value: Dignity and Worth of the Person, Competence

2. Advanced Motivational Interviewing Training

1 Day Training Agenda
February 15, 2019

9:00-10:30 The application of the Spirit of Motivational Interviewing	
10:45-12:00 New Techniques; Double Sided Reflections, Amplified Reflections, Sentence Stems	
12:00 – 1:00 Lunch on your own	
1:00- 2:45 Intensive Skill Building; Open Ended Questions, Affirmations, Reflections, Summaries	
3:00-4:00 Processing strengths, weaknesses and challenges in the practice of Motivational Interviewing	

Training Hosted by Wyoming Primary Care Association
Trainer: Craig Anderson, LCSW, Certified Prevention Specialist, MINT
Questions: kathy@wypca.org Phone#: 307-632-5743
www.wypca.org