

Sub-populations for care

	Good Clinical Control	Poor Clinical Control
High Self-confidence		
Low Self-confidence		

Support them differently

	Good Clinical Control	Poor Clinical Control
High Self-confidence	Usual Care	Clinical care, Action Planning
Low Self-confidence	Action Planning	Partnership Interview +

Confidence Measure

“How confident or sure do you feel about managing your health in the next month (on a scale from 0 to 10)?”

Note: If less than “7” patient is low confidence

Four patients

- Ivan: Disease is well controlled, he is sure he can take care of himself. Comes to all his appointments, monitors his condition and adjusts medications as needed.
- Tanya: Disease is well controlled right now but she is unsure of what to do. Has a hard time getting started.
- Segei: Disease is not in control. Says he knows what to do and is sure he can do it.
- Natalya: Disease is poorly controlled. Knows what to do. Many responsibilities in her personal life and is unsure how she can manage it all. Others in her life come first. Overwhelmed.

Support them differently

	Good Clinical Control	Poor Clinical Control
High Self-confidence	Usual Care IVAN	Clinical care, Action Planning SERGIE
Low Self-confidence	Action Planning TANYA	Partnership Interview + NATALYA